Types, Effects, and Sources of Water Pollution

A. Water is polluted by infectious bacteria, inorganic and organic chemicals, and excess heat.

1. Water pollution is any chemical, biological, or physical change in water quality that has a harmful effect on living organisms.

2. Table 22-1 lists the major classes of water pollutants and their major human sources and harmful effects.

3. The WHO estimates that 3.4 million people die prematurely each year from waterborne diseases.

4. In the U.S., an estimated 1.5 million people a year become ill from infectious agents.

B. Scientists monitor water quality by using bacterial counts, chemical analysis, and indicator organisms.

1. One method of measuring water quality involves measuring the number of colonies of fecal coliform bacteria present in a water sample.

2. Drinking water should not contain any colonies/100 milliliters, and safe swimming water should not have more than 200 colonies/100 milliliters.

3. A new field of science called bacterial source tracking (BST) uses molecular biology techniques to determine subtle differences in strains of *E*. *coli* based on their animal host.

4. Scientists measure biological oxygen demand (BOD), the amount of dissolved oxygen consumed by aquatic decomposers.

5. Chemical analysis includes checking inorganic and organic chemicals present, sediment content, and turbidity of water.

6. Indictor species are living organisms that are monitored to determine levels of pollution.

7. Genetic techniques are being used to develop organisms that will glow in the presence of specific pollutants such as toxic heavy metals in the ocean and carcinogens in food.

C. Water pollution can come from a single source or from a variety of dispersed sources.

1. Point sources discharge pollutants at specific locations through drainpipes, ditches, or sewer lines into bodies of surface water.

2. These sources are easy to identify, monitor, and regulate.

3. Non-point sources are scattered and diffuse and can’t be traced to any single site of discharge. Such things as runoff from croplands, livestock feedlots, etc. are non-point sources.

4. It is difficult and expensive to identify and control these discharges from diffuse sources.

D. The leading sources of water pollution are agriculture, industries, and mining.

1. Agricultural activities are the leading cause of water pollution from erosion, overgrazing, fertilizers and pesticides, and excess salt from irrigated soils.

2. Industrial facilities are another large source of water pollution, and mining is a third source.

E. One of every five people in the world lacks access to safe drinking water.

1. Ninety-five percent of people in developed countries and 74% of people in developing countries have access to clean drinking water.

2. The UN estimates a cost of $23 billion a year for 8–10 years to bring clean drinking water and sanitation to those who do not have it.

F. In a warmer world, too much rain and too little rain can increase water pollution.

1. Increased moisture with more intense rains can flush harmful chemicals, plant nutrients, and microorganisms into waterways.

2. Prolonged drought can reduce river flows so there is less dilution available. Warmer water contains less dissolved oxygen and can threaten aquatic life in several ways.

Pollution of Freshwater Streams

A. Streams can recover from moderate levels of degradable water pollutants if the flows are not reduced.

1. A combination of dilution and biodegradation can allow recovery of stream pollution if they are not overloaded, or have reduced flow due to damming, agricultural diversion, or drought.

2. The breakdown of pollutants by bacteria creates an oxygen sag curve. Organisms that have a high oxygen demand can’t survive in the curve.

3. Volume of the stream, volume of wastes entering, flow rate, temperature, and pH levels all affect how great a sag curve is produced.

B. Most developed countries have reduced point source pollution, but toxic chemicals and pollution from non-point sources are still problems.

1. The U.S. has managed to avoid increases in pollution from point sources in most streams.

2. There have been several examples of amazing cleanup of rivers, such as the Cuyahoga River in Ohio and the Thames River in Great Britain.

3. There are still examples of large fish kills and contamination of drinking water from releases of chemicals from industry and mining, and also from non-point runoff of fertilizers and pesticides.

C. Stream pollution in most developing countries is a serious and growing problem. Half of the world’s 500 major rivers are heavily polluted, and most of them run through developing countries where waste treatment is minimal or nonexistent.

D. Religious beliefs, cultural traditions, poverty, little economic development, and a large population interact to cause severe pollution of the Ganges River in India.

1. About 350 million people live in the Ganges River basin with little treatment of sewage produced by them.

2. Hindu beliefs add pollution to the air when bodies are cremated and to the water when partially cremated or non-cremated bodies are thrown into the river in order to find their way to heaven.

3. The government is working to clean up the river by building waste treatment plants in the 29 large cities along the Ganges and by building electric crematoriums on its banks. It has also introduced snapping turtles as body scavengers.

4. Most of these plans are not yet in place, and religious and cultural conditions are difficult to change.

Pollution of Freshwater Lakes

A. Lakes have little flow and so are less effective at diluting pollutants that enter them.

1. Lakes and reservoirs are often stratified into layers with little vertical mixing, and they also have very little flow occurring. It may take from 1–100 years to flush and change water in lakes and reservoirs.

2. Lakes and reservoirs are much more vulnerable to runoff contamination of all kinds of materials.

3. Chemical concentrations build up as they pass through the food webs in lakes.

B. Human activities can overload lakes with plant nutrients that reduce dissolved oxygen and kill some aquatic species.

1. Natural nutrient enrichment of lakes from runoff is called eutrophication. The amount of natural eutrophication depends on the composition of the surrounding drainage basin.

2. Natural eutrophication can enrich the abundance of desirable organisms, but cultural eutrophication occurs near urban or agricultural areas and can lead to serious pollution problems.

3. During hot weather or drought, “blooms” of organisms can reduce lake productivity.

4. Reduced sunlight and the subsequent decomposition of the “blooms” increase populations of bacteria and decreases dissolved oxygen available. Fish kills can occur, and the problem can become so bad that anaerobic bacteria take over.

5. The EPA states that about one-third of 100,000 medium to large lakes and 85% of large lakes near major population centers in the U.S. have some amount of cultural eutrophication.

6. Cultural eutrophication also occurs in coastal water, enclosed estuaries, and bays due to runoff.

7. Cultural eutrophication can be reduced or prevented by banning or limiting phosphates in detergents and using advanced treatment methods to remove nitrates and phosphates from wastewater, and by use of soil conservation to reduce runoff.

8. Cleanup of lakes includes removing excess weeds, controlling plant growth, and pumping air through lakes and reservoirs to avoid oxygen depletion.

9. Pollution prevention is less expensive than control methods.

C. An example of lake recovery is Lake Washington in Seattle, Washington.

1. Recovery occurred in about 4 years, once sewage was diverted from the lake, because the lake had not filled with weeds and sediment and had not become shallow. Diversion was to Puget Sound where there is rapid exchange of water to dilute the sewage.

2. There is concern about Puget Sound due to increased urban runoff and the population of the area growing rapidly.

3. The best way is to prevent most waste from reaching either body of water.

D. Pollution of the Great Lakes has had a significant drop, but there is still much to do.

1. The Great Lakes contain about 95% of the fresh surface water in the United States, and one-fifth of the world’s fresh surface water.

2. At least 38 million people obtain drinking water form the lakes.

3. The lakes are vulnerable to pollution because they have less than 1% outflow to the St. Lawrence River, and there is land runoff and atmospheric deposition of acids, pesticides, etc. being blown into them.

4. Lake Erie is the shallowest of the lakes and was the most polluted, due to the highest concentration of people and industry.

5. Since 1972, the U.S. and Canada have worked together to reduce pollution.

6. There are still problems to be solved such as a large area of depleted oxygen that occurs in the center of the lake each August for unknown reasons.

7. A 2000 survey by the EPA stated that more than three-fourths of the shoreline of the Great Lakes is not clean enough for swimming or use as drinking water.

8. Non-point land runoff is a greater problem than industrial pollution now for the Great Lakes.

9. Biomagnification of the depositions from atmospheric contaminants means that one fish in four is unsafe for human consumption.

10. EPA funding for cleanup has also dropped by 80% since 1992.

11. Environmentalists call for banning the use of bleach, building new incinerators, and stopping the discharge into the lakes of 70 toxic chemicals.

Pollution of Groundwater

A. Groundwater is vulnerable to contamination because it can’t effectively cleanse itself and dilute and disperse pollutants

1. Spilling gasoline, oil, paint thinners, and other organics onto the ground can contaminate groundwater.

2. Experts rate groundwater pollution as a low-risk ecological problem; it is rated as a high-risk health problem.

3. Contaminated water in the aquifer will slowly flow along and create a plume of contaminated water.

4. Contaminants in groundwater are not diluted or dispersed because this water moves usually less than 0.3 meter, or 1 foot per day.

5. Factors such as lower oxygen content, colder temperature of the water, and smaller populations of decomposing bacteria mean that cleansing is extremely slow.

6. It can take hundreds of years to cleanse degradable wastes; nondegradable wastes are there permanently.

B. The extent of groundwater contamination is generally unknown, since there has been little tracking and testing done on aquifers.

1. EPA and U.S. Geological Survey figures state that one or more organic chemicals contaminate about 45% of municipal groundwater supplies in the U.S.

2. Some 26,000 industrial waste ponds and lagoons in the U.S. do not have a liner to prevent toxic waste seepage.

3. A great many of the underground storage tanks containing organic solvents have been found to have leaks.

4. Determining the extent of a leak is costly, and the cost of cleanup is more costly yet.

5. In China and India, millions of people drink water contaminated with high levels of fluoride that cause back and neck damage and dental problems.

6. Nitrates can also contaminate groundwater, especially in agricultural areas. Nitrates converting to nitrites in the body can cause various forms of cancer and in babies under 6 months old causes “blue baby syndrome” because the blood can’t carry sufficient oxygen to the cells.

7. Arsenic is released into drinking water when a well is drilled into arsenic-rich soils and rock. WHO estimates that more than 112 million people drink water containing 5–100 times the recommended level of 10 parts/billion.

8. Bangladesh has a serious problem with arsenic, but the UN and several NGOs have started a program to assess wells and mark those that are too contaminated with red paint.

9. The 1-ppb level is considered to still be too high a level for safe drinking water.

C. Prevention is the most effective and affordable way to protect groundwater from pollutants.

1. Figure 22-10 lists ways to prevent and clean up groundwater contamination, not an easy task nor cheap.

2. Underground tanks in the U.S. and some other developed countries are now strictly regulated. Old, leaky tanks are being removed, and the surrounding soils are being treated.

Ocean Pollution

A. Oceans can disperse and break down large quantities of degradable pollutants if they are not overloaded.

1. Raw sewage, sludge, oil, and some degradable industrial wastes can be degraded, especially in deep-water areas.

2. Some marine animals have been less affected by pollutants than expected.

3. There is controversy as to whether this is a viable solution to the problem.

B. Pollution of coastal water near heavily populated areas is a serious problem.

1. About 40% of the world’s population lives on or within 62 miles of the coast, and this puts a tremendous burden on the wetlands, estuaries, coral reefs, and mangrove swamps found along the coast.

2. In most coastal developing countries and some developed countries, sewage is dumped into the sea without treatment. This causes beach pollution and shellfish contamination.

3. Human viruses (not removed by waste treatment) have been found in coastal waters.

4. Nutrient enrichment from nitrate and phosphate runoffs has caused harmful algal blooms called red, brown, and green toxic tides. Toxins from these algae kill fish and fish-eating birds and poison seafood.

5. Extensive non-point runoffs have caused seasonal, large oxygen-depleted zones in temperate coastal waters due to oxygen depletion. The second largest of these zones forms each summer at the mouth of the Mississippi River in the Gulf of Mexico.

6. Experiments with very fine clay particles are being done to determine if this will pull the algae out of the water and reduce the pollution.

7. Preventive measures to reduce the number and size of these oxygen-depleted zones include reduction of nitrogen inputs from various sources, planting forest and grasslands to soak up excess nitrogen, restoring coastal wetlands, improving sewage treatment, requiring further reduction of NOx emissions, and phasing in forms of renewable energy to replace fossil fuels.

C. Pollutants from six states contaminate the shallow Chesapeake Bay estuary, but cooperative efforts have reduced some of the pollution inputs.

1. Human activities and increase in the human population in the bay area has contributed to pollution of the bay.

2. A huge drainage basin adds both point and non-point pollutants to the waters. The bay is shallow, so only 1% of the waste that enters is flushed into the Atlantic Ocean.

3. Commercial harvest of oysters, crabs, and fish has fallen sharply since 1960 because of overfishing, pollution, and disease.

4. Point sources account for about 60% of the phosphates. Nonpoint sources account for about 60% of the nitrates.

5. In 1983, the U.S. started an integrated coastal management plan that works with citizen groups, state legislatures, and the federal government to reduce pollution using a number of strategies such as reduction of runoff, upgrading waste treatment plants, better monitoring of industrial discharges, and banning phosphates from detergents.

6. Between 1985 and 2000, there has been a 27% decline in phosphorus levels, 16% drop in nitrogen levels, and a recovery of grasses growing on the bottom of the bay.

7. Reduction in funding has slowed the progress of cleanup in the bay, but it demonstrates what can be done with cooperation of diverse groups.

D. Introduction of disease-resistant oysters into the Chesapeake Bay could greatly reduce water pollution because oysters filter algae and silt from water.

1. Oysters were once a natural filtration system for the bay and recycled the entire volume of the bay in 3–4 days.

2. Over-harvesting, coupled with two parasitic oyster diseases reduced the oyster population to about 1% of its population. It now takes the oyster population about a year to filter the bay’s water.

3. Several ways to reintroduce oysters into the bay are being considered.

E. Parts of the world’s oceans are dump sites for a variety of toxic materials, sewage, and garbage from ships.

1. Dumping industrial wastes off U.S. coasts has stopped, but large quantities of dredge spoils are still legally dumped at 110 sites in the Atlantic, Pacific, and Gulf Coasts of the U.S.

2. Many countries also dump sewage sludge into the ocean.

3. Since 1992, the U.S. has banned this practice.

4. Fifty countries with at least 80% of the world’s merchant fleet have agreed not to dump sewage and garbage at sea.

5. The London Dumping Convention of 1972 stated that 100 countries agreed not to dump highly toxic pollutants and high-level radioactive wastes in the open sea. In 1994, it became a permanent ban.

F. Most ocean pollution comes from human activities on land such as changing and dumping motor oil.

1. Crude petroleum and refined petroleum reach the ocean from a number of sources.

2. More oil is actually released from day-to-day activities such as oil wells off-shore, leaks from pipelines, tankers being washed out, loading and unloading of tankers, and leaks from pipelines and storage tanks.

3. Studies show that most ocean oil pollution comes from activities on land.

G. Oil pollution can have a number of harmful ecological and economic effects, but most disappear within
3–15 years.

1. A number of factors are important when determining the effects of oil on ocean ecosystems.

2. Volatile organic hydrocarbons in oil kill some aquatic organisms, especially the larval forms.

3. Tarlike globs coat bird feathers and fur of marine mammals, and these organisms then either drown or die from loss of body heat.

4. Bottom-dwelling organisms are killed when heavy components sink to the sea floor.

5. Recovery from crude oil exposure may only take 3 years for most organisms, but recovery from refined oil products takes 10–15 years. Recovery in cold waters takes longer.

6. Oil slicks on shore also negatively impact the local economy.

H. Only about 15% of the oil spilled can be recovered with current techniques, so prevention is the best strategy.

1. Methods available include mechanical methods such as floating booms, skimmers, and absorbent devices.

2. Chemical methods use coagulating agents for clumping oil and dispersing agents to break up slicks. Fire can also burn off floating oil.

3. Biological methods are being developed to utilize bacteria that are able to degrade oil. It is less expensive and more effective than other methods.

4. The Oil Pollution Act of 1990 set up a trust fund of $1 million per spill for cleanup. By 2015, all oil tankers operating in U.S. waters must be double hulled.

I. Preventing or reducing pollution from the land and from streams is the key to protecting the oceans.

1. Figure 22-14 lists ways suggested to prevent and reduce excessive pollution of coastal waters.

2. Ocean pollution control must be linked with land-use and air pollution policies to be effective.

Preventing and Reducing Surface Water Pollution

A. Reduce non-point pollution by preventing it from reaching bodies of surface water.

1. Agricultural non-point pollution can be reduced by reducing soil erosion, reforestation of watersheds, keeping cover crops on farmland, reducing fertilizer use or using slow-release fertilizer, and planting buffer zones between farmland and surface water nearby.

2. Rely more on biological control methods rather than pesticides.

3. In 2002, a federal court forced the EPA to uphold the intent of the Clean Water Act and require 15,500 of the largest feedlots to apply for EPA permits. This means that these “factories” will have to obey the same pollution controls that are used by other industries since 1972.

4. Research on how to use animal wastes more effectively is underway.

B. Most developing countries do not have laws to set water pollution standards.

1. The Clean Water Act sets standards for allowed levels of key water pollutants and requires polluters to obtain permits that specify the amounts of pollutants they can discharge into aquatic systems.

2. The EPA is experimenting with a discharge trading policy that would allow a permit holder to purchase unused credits from another permit holder.

3. There are good and bad points to credit trading, such as a possible buildup of pollutants in areas where credits are bought.

4. Most cities in developing countries discharge 80–90% of untreated sewage into rivers, lakes, and streams used for drinking water, bathing, and washing clothes.

C. Septic tanks and various levels of sewage treatment can reduce point-source water pollution.

1. About one-fourth of homes in the U.S. are served by septic tanks.

2. Most urban areas are served by sewage treatment plants.

3. Some 1,200 cities have combined storm runoff and sewer lines because it is cheaper. These systems can overflow and discharge untreated sewage directly into surface water with too many users or when there is a heavy storm.

4. Aging sewer systems and combined sewer systems in the U.S. are estimated to cost $10 billion a year for 10 years to install dual systems, add capacity, and repair the aging sewer network.

5. Raw sewage generally undergoes one or two levels of treatment.

6. Primary sewage treatment is a physical process that removes grit, floating objects, and suspended solids. A settling tank allows suspended solids to settle out as sludge.

7. Primary treatment removes about 60% of suspended solids and 30–40% of organic wastes, but no phosphates, nitrates, salts, radioisotopes, or pesticides.

8. Secondary sewage treatment is a biological process where aerobic bacteria remove up to 90% of dissolved and biodegradable, oxygen-demanding organic wastes.

9. A combination of primary and secondary treatment removes 95–97% of the suspended solids and oxygen-demanding organic wastes, 70% of most toxic metal compounds, 70% of phosphorus, 50% of nitrogen, and 5% of dissolved salts.

10. Most U.S. cities have combined primary and secondary sewage treatment plants. A number of cities have been in violation at times, and 34 East Coast cities screen out large floating objects and discharge sewage into coastal waters.

11. Tertiary sewage treatments are a third level of cleanup. Here, a combination of chemical and physical processes remove specific pollutants left by the other methods. This is expensive and used to treat only 5% of the wastewater in the U.S.

12. Water is bleached to remove colors and then disinfected to kill disease-causing bacteria and some viruses. Chlorination is the usual method of disinfection.

13. Ozonation and use of ultraviolet light are increasing as methods of disinfection.

D. Sewage sludge can be used as a soil conditioner, but may cause health problems if it contains infectious bacteria or toxic chemicals.

1. Sludge is a thick, gooey mixture of bacteria, solids, chemicals, and metals when industrial and household wastes are combined.

2. Some sludge undergoes anaerobic digestion to decompose the organic materials and produce compost.

3. About 36% of these biosolids are used to fertilize farmland, forests, golf courses, cemeteries, etc. The rest is added to landfills or incinerated.

4. Composting sludge to recycle the plant nutrients makes good ecological sense, but removing infectious bacteria, toxic chemicals, and metals is expensive and seldom done in the U.S.

5. It is thought that a number of health problems may be due to using sludge to fertilize crops in the U.S.

E. Preventing toxic chemicals from reaching sewage treatment plants would eliminate these from sludge and water that is discharged.

1. Require industries and businesses to remove toxic and hazardous wastes from water sent to sewage treatment plants; encourage reduction or elimination of toxic chemical use and waste.

2. Have households switch to waterless composting toilet systems maintained by professionals. These systems would be cheaper to install and maintain since they do not need underground pipes.

F. Natural and artificial wetlands and other ecological systems can be used to treat sewage.

1. These systems are a low-tech, low-cost alternative to expensive waste treatment plants.

2. Sewage goes to sedimentation tanks where solids settle as sludge that is removed. The liquid is pumped to oxidation ponds; bacteria break down remaining wastes. After a month, water is released to an artificial marsh where plants and bacteria filter and cleanse it.

3. Mark Nelson developed a small, low-tech, inexpensive artificial wetland system for use in developing countries at hotels, restaurants, and homes. It removes 99.9% of fecal coliform bacteria and over 80% of the nitrates and phosphates from sewage. The water thus cleaned could be used for garden irrigation or flushing toilets and save water.

4. Genetic engineering is developing a bioreactor where modified bacteria will consume pesticides.

5. Without large investments in building adequate sanitation facilities, more people will have inadequate sanitation.

G. Water pollution laws have significantly improved water quality in many U.S. streams and lakes, but more needs to be done.

1. Between 1992 and 2002, American communities served by water systems meeting federal guidelines increased from 79% to 94%.

2. Fishable and swimmable streams increased from 36% to 60% of those tested.

3. Topsoil loss through runoff was cut by 111 billion metric tons annually.

4. Annual wetland losses decreased by 80%.

5. In 2000, 40% of streams and 45% of lakes surveyed were too polluted for swimming or fishing. This figure could be much higher since only 19% of stream lengths, 43% of lake and reservoir areas, and 36% of estuaries have been tested for water quality.

6. Animal waste and waste lagoons continue to be a problem.

7. Often fish caught in streams and lakes are unsafe to eat because of high levels of pesticides, mercury, and other toxic substances.

8. In 2003, the EPA found that at least half of the 6,000 largest industrial facilities have been illegally discharging toxic and biological wastes into waterways for years with impunity.

H. There is controversy over strengthening the Clean Water Act.

1. A 2001 report by the EPA’s inspector general calls for strengthening the Clean water Act.

2. Suggestions include increased funding, increased authority to control non-point pollution, modernizing monitoring system, increasing compliance with the law, and strengthening programs.

3. Work on integrating watershed and airshed planning to protect ground and surface water sources.

4. Halt the loss of wetlands; increase standards for wetland restoration; and create new wetlands before filling existing ones.

5. Farmers feel they should be compensated for property value losses that result from federal regulations protecting wetlands.

Drinking Water Quality

A. Centralized water treatment plants can provide safe drinking water for city dwellers. Water is settled, filtered, and chlorinated to meet government drinking standards.

B. The U.S. is upgrading on water purification and delivery systems. This is such a vast system that it is hard to secure, but also difficult to adequately poison. Both chemical and biological indicators are being developed to indicate a contamination problem.

C. Several simple, inexpensive ways for individuals and villages to purify drinking water have been developed.

1. Exposure of contaminated water to intense sunlight in a clear plastic bottle is one method. It takes as little as 3 hours to kill bacteria in the sun and heat.

2. Cholera incidences have been cut in half in Bangladesh by filtering water through strips of cloth.

3. A third method is to add a small amount of chlorine to a plastic or clay storage vessel with a small mouth, cap, and a spigot. This has cut the rate of diarrheal disease in half in countries where it is used.

D. About 54 countries have standards for safe drinking water.

1. Levels have been established called maximum contaminant levels for any pollutants that may adversely affect human health.

2. Privately owned wells don’t have to meet these standards.

3. Health scientists want the standards to be strengthened.

4. Certain industries want to weaken the Safe Drinking Water Act.

E. Some bottled water is not as pure as tap water and costs much more.

1. Bottled water is vastly more expensive than tap water and about one-fourth of it is tap water, one-third of it is contaminated with bacteria, and various harmful organic chemicals contaminate about one-fifth of it.

2. Use of bottled water also can cause environmental problems from all of the throw-away plastic bottles.

3. Manufacture of the bottles releases toxic gases and liquids.

4. Before buying costly home purification systems, have water tested by an independent company.

5. Be sure to check out claims by a company that they are EPA approved because the EPA registers devices, but neither tests nor approves them.

F. We need to shift priorities from controlling to preventing and reducing water pollution, and this will require bottom-up political action by individuals and groups.

1. Bottom-up political pressure on elected officials has reduced point-source water pollution.

2. A shift needs to be made to how we can prevent water pollution in the first place. See Figure 22-19.

3. Prevention of water pollution will take action from individuals and groups to pressure elected officials.